



**CHEMINS
DE SHANTI**
RENCONTRE DES SPIRITUALITÉS

A JOURNEY WITH THE SEVEN CHAKRAS

With father KUMERAN

From May 31 to June 2, 2024 - At the Hameau des Damias (05)
(In South France)



Chakras are spiritual and psychological energy centers located in the most subtle aspects of our being and which contribute to our physical, mental and spiritual states.

These teachings will help us cleanse, balance and realign these energy centers so that we can accelerate our spiritual awareness and development.

Drawing on the ancient wisdom of Hinduism, Father Kumeran will guide us to a more holistic and deeper understanding of the chakras.

He will also teach about parallels found in Christian traditions, such as the 7 Sacraments, which, when decoded, point to the same truths found in chakra teachings.

In this retreat, prayers, guided meditations, songs and rituals will be offered to accompany the teaching.

Useful information

Schedules :

Reception from 2 p.m. on Friday May 31. The retreat will begin at 4 p.m. with Father Kumeran.

End of session: Sunday June 2 at 4 p.m.

Participation:

- Organization and teaching by Chemins de Shanti : €130 single rate, possibility on Helloasso to pay the obligatory deposit: [Click here](#). (Also possibility of joining the association of “Chemins de Shanti”).
- Accommodation from €25 (depending on the options chosen) **and** full board €46 per day at Hameau des Damias:
- We take care of the allocation of rooms, payment will be made on site.
- Information: Christine Raineri – 07 86 48 00 58 – secretariatdeshanti@gmail.com
- You can contact the association in the event of financial difficulties

Registration details :

- 1) Register with Christine: secretariatdeshanti@gmail.com by sending your name, first name and contact details. Do not hesitate to call him if necessary.
 - 2) Send her a mandatory deposit check for €50 or the full amount or paiement on Helloasso (above click)
 - 3) Christine Raineri -72a rue du grand champ - 38110 Faverges de la Tour -
- Organizational and teaching costs are to be paid to « **Chemins de Shanti** »
- In the “Subject or comment” section on the back of the check, please indicate “Kumeran- les Damias, May-June 2024, Name, first name and email contact details”.
 - Additional payment will be made on site at the start of the session, by check or cash.(no credit-card)

Terms of cancellation :

- In the event of cancellation of the session for health reasons, the advanced costs will be fully refunded.
- If you withdraw less than 10 days from the start of the session, the deposit at the Chemins de Shanti will be retained.

To know more :

. how to get to Hameau des Damias: [Click here](#)

(For carpooling, do not hesitate to notify Christine)

- Find several teachings from Father Kumeran on the Chemins de Shanti In English, www.cheminsdeshanti.fr

the Arunachala Marga movement led by Father Kumeran : [Arunachala Marga](#)

